

Name : Fragiskos Gonidakis
Date of Birth: 13/10/68

A. Present Appointment

Associate Professor in Psychiatry, 1st Department of Psychiatry, National and Kapodistrian University of Athens, Medical School.

Head of Eating Disorders Unit and Dialectical Behavioral Therapy, Eginition Hospital, Athens

B Education-Degrees

1974-1986: Ionios Scholi Philothei Lyceum Degree 19,95

Undergraduate Studies

1986-1992: University of Athens, Medical School.

Degree of Medical Diploma (1993): Excellent

Medical License (1993): Prefecture of Athens

Postgraduate training

4/1994 –9/1994: Specialization in Neurology, Neurology Department, Psychiatric Hospital of Tripoli

10/1994-5/1995: Specialization in Neurology, Neurology Department, “Pammakaristos” Hospital

6/1996-1/1997: Specialization in Psychiatry, Psychiatric Department, 414 Military Hospital for Special Diseases,

7/1997-11/1999: Specialization in Psychiatry, Psychiatric Department, University of Athens, Eginition Hospital

Awarded Speciality of Psychiatry after successful examination (1/2000): Prefecture of Athens

Doctoral Diploma in Medicine

2001-2004: “Maternity Blues. A study of clinical and psychometric factors and correlation with the manifestation of Post Partum Depression” Psychiatric Clinic, Medical School, UOA. Degree: Excellent (10/10)

C. Working Experience

1/2000- 11/2004: Scientific Assistant of 1st Psychiatric Department, UOA, Medical School. Eating Disorders and Transcultural Psychiatry Outpatient Units at Eginition Hospital.

1/2000- 10/2004: Transcultural Psychiatry Outpatient Unit. “Doctors of the World” Athens Open Polyclinic.

3/2000- 7/2004: Street work medical project for drug addicts (“Street of Athens”). “Doctors of the World”

6/2001- 12/2002: Medical Prevention and Psychological support Project at Avlona’s Correction Facility for minors. “Doctors of the World”.

11/2004- 1/2013 Employed Psychiatrist at 1st Psychiatric Department, UOA, Medical School.

Eating Disorders Unit (in and outpatient), Transcultural Psychiatry (outpatient) Unit and “Skarpalezou” Clinical Ward (inpatient) at Eginition Hospital. Participation in hospital’s duties

1/2013-present Member of the Faculty of the 1st Psychiatric Department, NKUOA, Medical School.

D. Funded Research Projects

1994 – 1995: European Union funded project ‘HORIZON’ at Tripoli’s Psychiatric Hospital. Research of proposed deinstitutionalization methods, social integration of deinstitutionalized patients and epidemiological study of deinstitutionalized individuals.

2008- 2010: European Union multi-center project: «Development of a European Measure of Best Practice for People with Long Term Mental Illness in Institutional Care». For Greece the participating center was the Mental health University Research Institute.

2010-present: Wellcome Trust funded multi-center study for Anorexia Nervosa. (genomwide association study-GWAS). Genetic Consortium for Anorexia Nervosa. For Greece the participating center was the 1st Psychiatric Department of UOA, Medical School. Mental health University Research Institute.

2011-2014 Coordinator of the International Foundation “Stavros Niarchos” funded multi-center project “Steps-Forward” for eating Disorders in adolescents and young adults. Study on the effectiveness of family psychoeducation and multifamily therapy. The leading center was the 1st Psychiatric Department of UOA, Medical School.

2012-2015: Member of the steering committee of Wellcome Trust funded multi-center study “Common Genetic etiology of metabolic and mental disorders- GOMAP”.

E. Member of the board of Scientific Associations

2012-2021: President of the Greek Association for Behavioral Research. 2018-present Head of DBT section

2014-2021: Secretary of the Eating Disorders Section of Hellenic Psychiatry Association. 2021-present President of the Eating Disorders Section

2021-present Member of the committee of the Psychotherapy Section of Hellenic Psychiatry Association

F. Editor in Scientific Journals

2014-present: Assistant Editor of the Greek scientific journal “Cognitive Behavioral Research and Therapy”

G. Book Authorship

2008: F. Gonidakis and E. Varsou “Anorexia Nervosa. Self-Imprisoned girls and the path to the exit”. Athens, Vita Medical Publications

2011: F. Gonidakis and N. Xarila “Eating Disorders-Cognitive Behavioral Therapy”. Athens Pedio Publications.

2013: F. Gonidakis and E. Varsou. “Talking about Eating Disorders” Athens, Vita Medical Publications

2018 F. Gonidakis et al. “Talking about Borderline Personality Disorders. Dialectical Behavior Therapy. Vita Medical Publications

2019: F. Gonidakis et al. Steps towards the treatment of Bulimia. Vita Medical Publications

2021 M. Karapatsia and F. Gonidakis. Anorexia Nervosa in the Psychiatric Clinic. Vita Medical Publications

H Training In Europe

2015: Two 6 hours postgraduate seminars on “Eating Disorders”. Cyprus Educational Institute and Cyprus Ministry of Education and Culture, Counseling Service. Nicosia and Limassol, Cyprus. 3/2015

2015-2017: Training seminars on Dialectical Behavioral Therapy for Borderline Personality Disorder” for the psychologists of City & Hackney Centre for Mental Health, East London NHS Foundation Trust

2017-2019: Training and supervision on the treatment of Eating Disorders for the mental health experts of Cyprus National Health System. Mental Health Services, Ministry of Health, Democracy of Cyprus.

2019: 8 hours training in Dialectical Behavioral Therapy for Eating Disorders. Polish DBT Association

2018=present. Providing full training in DBT in collaboration with BTech Seattle USA. In 2021 awarded the status of BTech trainer.

2022 3 days training in DBT for addiction. Agia Skepi therapeutic community. Cyprus

K. E-learning

2016-present Scientific leader of online course on Eating Disorders

2018-present Scientific leader of online course on Borderline Personality Disorder. Dialectical Behavioral Therapy

L. Publications

39 papers in International journals included in SCI, **10** not included in SCI and **8** chapters in books and congress books

14 papers in greek journals, **23** chapters in books and congress books